

Taniwha Outrigger Canoe Club Inc

COVID-19 LEVEL 2 AND WAKA AMA PANUI



IF YOU ARE FEELING UNWELL OR HAVE ANY SYMPTOMS OF COVID-19 PLEASE STAY HOME – DO NOT PADDLE.

CONTACT TRACING REQUIREMENTS:

Action

- NO ONE IS ALLOWED TO TRAIN UNLESS THE FOLLOWING IS COMPLETED
- Each Squad must appoint one person as the Collator of Contact Tracing Information,
- The Collator must complete the attendance register, which will be provided, and either email or send a photo to Michael Mann - or WhatsApp – straight after training. He will maintain a central register. These records will be kept secure and confidential for 4 weeks or as otherwise required during COVID-19,
- No whanau or friends may attend training when they are not paddling,

HYGIENE REQUIREMENTS:

Action

- Squad members must spray (antiseptic) the gunwales, amas, kiatos, lashings, ratchets, seats, and the bow and stern of the waka they use prior to and after training,
- Squad members must spray the bailers and trolleys they use prior to and after training,
- Squad members are to wash/sanitise hands prior to and after the training session,
- Squad members are to ensure they do not spit whilst on the waka and mitigate their perspiration,
- The Club has shared these protocols with Akarana and Aratika to ensure that they are followed when using Taniwha equipment stored at the Beach site.

GATHERING REQUIREMENTS:

Action

- Squads at group trainings may have multiple W6 waka go on the water and train together,
- The Tuesday/Thursday Group at the Lake is made up of three squads (MIB, Wahinez, J19s) and where more than 6 people attend from a squad they may combine with the balance of paddlers from another one of these squads to form a team on the night,
- However, before and after training each team at the training should manage its own waka and in the debrief ensure that they maintain a physical distance between other teams of 1 metre,
- There cannot be any congregating of paddlers, coaches, managers (more than 10) in a squad before practice, during or after training,
- We cannot have paddlers from other regions during this time.

PHYSICAL DISTANCING:

Action

- It is recommended that individuals maintain physical distancing of 1 metre and in the case of someone who is not known to you, you should maintain a 2 metre physical distance i.e. no greetings, good byes, handshakes, hugs etc with anyone,
- It is recognised at alert Level 2, that contact during physical/recreational activity will occur, but this should be minimised as much as possible and distancing should resume when not participating in sport or recreational activities.

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